

Master

APF MEN - EQUIPPED

Division	Wt. Cl. (kg)	Lifter	Squat (kg)	Date	Lifter	Bench (kg)	Date	Lifter	Deadlift (kg)
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Master 50-54	67.5				Ted Feight	85	8/11/2001						
Master 50-54	75	Tom Capoferi	217.5	10/18/1997	Jim Harris	160	8/26/2006	Mike Simon	252.5	8/26/2006	Mike Simon	620	8/26/2006
Master 50-54	82.5	Mike Brown	290	4/17/2010	Robert Ingram	200	12/12/1999	Gregory McMillan	267.5	7/26/2003	Mike Brown	677.5	11/15/2008
Master 50-54	90	Ken Richardson	332.5										

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Division	Wt. Cl. (kg)	Lifter	Squat (kg)	Date	Lifter	Bench (kg)	Date	Lifter	Deadlift (kg)	Date	Lifter	Total (kg)	Date
Open	44												
Open	48	Kristin Floreno	82.5	10/11/2014	Kristin Floreno	32.5	10/11/2014	Kristin Floreno	97.5	10/11/2014	Kristin Floreno	2	

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Master 60-64	67.5	Dolly Ettenhofer	40	10/23/2004	Dolly Ettenhofer	30	10/23/2004	Dolly Ettenhofer	77.5	10/23/2004	Dolly Ettenhofer	145	10/23/2004
Master 60-64	75				Joanne Tirshnet	42.5	3/19/2005						
Master 60-64	82.5												
Master 60-64	90												
Master 60-64 SHW		Carol Rausch	30	10/23/2004	Carol Rausch	32.5	10/23/2004	Carol Rausch	85	10/23/2004	Carol Rausch	145	10/23/2004
Master 65-69	44												
Master 65-69	48												
Master 65-69	52												
Master 65-69	56												
Master 65-69	60												
Master 65-69	67.5												
Master 65-69	75												
Master 65-69	82.5												
Master 65-69	90	Anna Collins	40	3/10/2001	Anna Collins	42.5	3/10/2001	Anna Collins	82.5	3/10/2001	Anna Collins	165	3/10/2001
Master 65-69 SHW		Anna Collins	57.5	10/12/2002	Anna Collins	45	3/23/2002	Anna Collins	105	12/8/2001	Anna Collins	205	10/12/2002
Master 70-74	44												
Master 70-74	48												
Master 70-74	52												
Master 70-74	56												
Master 70-74	60												
Master 70-74	67.5	Terry Drotar	47.5	10/11/2003									

AAPF MEN - RAW

Division	Wt. Cl. (kg)	Lifter	Squat (kg)	Date	Lifter	Bench (kg)	Date	Lifter	Deadlift (kg)	Date	Lifter	Total (kg)	Date
Open	52												
Open	56	Christopher Lindsay	172.5	6/16/2019	Brandon Anderson	95	3/11/2016	Christopher Lindsay	212.5	6/16/2019	Christopher Lindsay	470	6/16/2019
Open	60	Jacob Higman	132.5	10/24/2015	Jacob Higman	100	10/24/2015	Christopher Lindsay	192.5	8/8/2015	Jacob Higman	412.5	10/24/2015
Open	67.5	Jacob Higman	150	3/11/2016	Kenny Nonhaweth	135	3/15/2020	Jacob Higman					

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APF MEN - RAW													
Division	Wt. Cl. (kg)	Lifter	Squat (kg)	Date	Lifter	Bench (kg)	Date	Lifter	Deadlift (kg)	Date	Lifter	Total (kg)	Date
Open	52												
Open	56	Christopher Lindsay	155	5/6/2016	Christopher Lindsay	85	5/6/2016	Christopher Lindsay	200	5/6/2016	Christopher Lindsay	427.5	5/6/2016
Open	60	Jacob Higman											

Master 50-54	100				Dan Schwab	185	3/9/2019						
Master 50-54	110	Ryland Paval	182.5	3/11/2017	Wally Stamper	182.5	3/11/2016	Ryland Paval	212.5	3/11/2017	Ryland Paval	565	3/11/2017
Master 50-54	125	Mike Pascarella	240	3/28/2015	Steve Grailer	192.5	5/26/2012	Mike Pascarella	260	3/28/2015			
Master 50-54	140				Randy Handrinos	227.5	7/21/2012	Mike Pascarella	250	8/8/2015			
Master 50-54	SHW												
Master 55-59	52												
Master 55-59	56												
Master 55-59	60												
Master 55-59	67.5												
Master 55-59	75	Greg Ripley	160	11/8/2016	Greg Ripley	127	1/9/2016	George Shipley	205	11/7/2016	Greg Ripley	458	11/8/2016
Master 55-59	82.5	George Shipley	127.5	10/24/2015	Michael Walling	120	8/5/2017	George Shipley	205	6/13/2015	George Shipley	422.5	10/24/2015
Master 55-59	90				Jeffrey Ellis	130	10/23/2015						
Master 55-59	100				Mark Zartarian	150	7/25/2015						
Master 55-59	110	Michael Sawyer	112.5	6/13/2015	Joe Smolinski	190	5/26/2012	Michael Sawyer	172.5	6/13/2015	Michael Sawyer	387.5	6/13/2015
Master 55-59	125				Bruce Edwards	185	3/11/2017	Kevin Jones	202.5	3/9/2019			
Master 55-59	140												
Master 55-59	SHW												
Master 60-64	52												
Master 60-64	56												
Master 60-64	60												
Master 60-64	67.5	Rick Anderson	125	10/8/2017	Rick Anderson	95	10/8/2017	Rick Anderson	145	10/8/2017	Rick Anderson	365	10/8/2017
Master 60-64	75				Todd Hayataka	122.5	10/8/2017	James Spencer	117.5	3/11/2016			
Master 60-64	82.5	Jim Harris	177.5	3/15/2020	Jerry Felts	147.5	6/13/2019	Jim Harris	227.5	3/15/2020	Jim Harris	545	3/15/2020
Master 60-64	90	Michael Sawyer	112.5	3/11/2016	Jerry Felts	147.5	3/15/2020	Eddie Ruiz	238.1	1/9/2016	Michael Sawyer	397.5	3/11/2016
Master 60-64	100	Bob Jacobson	135	3/9/2019	Bob Jacobson	137.5	3/10/2018	Michael Sawyer	192.5	8/6/2016	Bob Jacobson	427.5	3/9/2019
Master 60-64	110	Tim Sheehan	197.5	11/11/2014	Tim Sheehan	137.5	11/11/2014	David Kielwasser	202.5	3/14/2020	Tim Sheehan	535	11/11/2014
Master 60-64	125				Ben Mata	162.5	6/13/2019						
Master 60-64	140					155	7/25/2015						
Master 60-64	SHW												
Master 65-69	52												
Master 65-69	56												
Master 65-69	60												
Master 65-69	67.5				Allan Griggs	62.5	2/2/2013						
Master 65-69	75							Joshua Pokempner	132.5	8/6/2016			
Master 65-69	82.5							William Allen	137.5	8/6/2016			
Master 65-69	90							William Allen	137.5	10/24/2015			
Master 65-69	100												
Master 65-69	110	Ross Arnold	125	5/31/2014	Ross Arnold	132.5	5/31/2014	Ross Arnold	187.5	5/31/2014	Ross Arnold	445	5/31/2014
Master 65-69	125				Ben Mata	155	3/14/2020						
Master 65-69	140												
Master 65-69	SHW	John McGrail	115	3/10/2018	John McGrail	102.27	1/9/2016						

AAPF WOMEN - RAW													
Division	Wt. Cl. (kg)	Lifter	Squat (kg)	Date	Lifter	Bench (kg)	Date	Lifter	Deadlift (kg)	Date	Lifter	Total (kg)	Date
Open	44												
Open	48	Kristy McBride	85	3/10/2019	Kristy McBride								

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APF WOMEN - RAW

Division	Wt. Cl. (kg)	Lifter	Squat (kg)	Date	Lifter	Bench (
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Master 55-59	67.5			Liz Dudek	82.5	8/8/2015	Liz Dudek	115	12/8/2018				
Master 55-59	75												
Master 55-59	82.5	Ellen Abel	95	6/14/2019	Ellen Abel	75	6/14/2019	Ellen Abel	137.5	3/10/2019	Ellen Abel	290	3/10/2019
Master 55-59	90												
Master 55-59	SHW												
Master 60-64	44												
Master 60-64	48												
Master 60-64	52												
Master 60-64	56												
Master 60-64	60				Liz Dudek	65	3/14/2021	Liz Dudek	120	3/14/2021			
Master 60-64	67.5				Liz Dudek	65	3/10/2019	Liz Dudek	120	6/13/2019			
Master 60-64	75												
Master 60-64	82.5												
Master 60-64	90												
Master 60-64	SHW												
Master 65-69	44												
Master 65-69	48												
Master 65-69	52												
Master 65-69	56												
Master 65-69	60				Nancy Conner								

AAPF MEN - CLASSIC RAW

Division	Wt. Cl. (kg)	Lifter	Squat (kg)	Date	Lifter	Bench (kg)	Date	Lifter	Deadlift (kg)	Date	Lifter	Total (kg)	Date
Open													

Master 50-54	67.5												
Master 50-54	75												
Master 50-54	82.5	George Shipley	142.5	3/12/2017	George Shipley	95	3/12/2017	George Shipley	200	3/12/2017	George Shipley	437.5	3/12/2017
Master 50-54	90												
Master 50-54	100												
Master 50-54	110	Archie Leatherman	212.5	6/15/2019	Archie Leatherman	145	6/15/2019	Archie Leatherman	237.5	6/15/2019	Archie Leatherman	595	6/15/2019
Master 50-54	125												
Master 50-54	140												
Master 50-54	SHW												
Master 55-59	52												
Master 55-59	56												
Master 55-59	60												
Master 55-59	67.5												
Master 55-59	75	George Shipley	137.5	5/28/2017	George Shipley	95	5/28/2017	George Shipley	200	5/28/2017	George Shipley	432.5	5/28/2017
Master 55-59	82.5												
Master 55-59	90												
Master 55-59	100												
Master 55-59	110												
Master 55-59	125												
Master 55-59	140												
Master 55-59	SHW												
Master 60-64	52												
Master 60-64	56												
Master 60-64	60												
Master 60-64	67.5												
Master 60-64	75												
Master 60-64	82.5	George Shipley	125	3/10/2019	Gary Jensen	100	3/10/2019	George Shipley	195	3/10/2019	George Shipley	412.5	3/10/2019
Master 60-64	90	Gary Jensen	125	10/6/2018	Gary Jensen	87.5	10/6/2018						
Master 60-64	100	Bob Jacobson	130	3/14/2020	Bob Jacobson	125	3/14/2020	Bob Jacobson	140	3/14/2020	Bob Jacobson	395	3/14/2020
Master 60-64	110												
Master 60-64	125												
Master 60-64	140												
Master 60-64	SHW												
Master 65-69	52												
Master 65-69	56												
Master 65-69	60												
Master 65-69	67.5												
Master 65-69	75												
Master 65-69	82.5												
Master 65-69	90	Paul VandeVusse	137.5	3/10/2019	Paul VandeVusse	95	3/10/2019	Paul VandeVusse	172.5	3/10/2019	Paul VandeVusse	405	3/10/2019
Master 65-69	100												
Master 65-69	110												
Master 65-69	125												
Master 65-69	140												
Master 65-69	SHW												
Master 70-74	52												
Master 70-74	56												
Master 70-74	60												
Master 70-74	67.5												
Master 70-74	75				</								

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